GET THE PERSONAL TRAINING COURSE ATTENTION YOU NEED
WHY DO WE DO WHAT WE DO?

At WYN Training we believe the human body is designed for movement.

When we combine regular movement with great nutrition our bodies function better. We feel better, more energised. It’s easier to get enthusiastic about life when our bodies are healthy, wealthy bodies look better. That increased confidence can have a ripple effect into other areas of our life. When our bodies are healthy, we become more productive at work, we become mentally sharper, better friends and partners, better parents and role models. Our aim is the produce quality personal Fitness Trainers who have long and successful careers leading clients on their journey of healthy living and a better quality of life. Our desire is to make your educational experience with us a memorable one. WYN doesn’t have an unlimited advertising budget to spend on TV and radio. Instead, we rely on unpaid referrals and endorsements from past students as our main promotional vehicle. We continue to get a steady stream of new students so something must be working! Whilst we operate in the Education Industry, the team at WYN are Personal Trainers at heart. You won’t find WYN offering courses that don’t relate health, fitness or well being. That would not match our core desire. At the end of the day everyone should do what they are passionate about.

We are passionate about making the world a better place through exercise and great nutrition.

We hope you share our passion.
DELIVERY OF OUR COURSES

We deliver our courses at various clubs throughout Victoria.

This means students have access to WYN Training wherever they may be.

Our classroom is now in Goodlife Prahran. That means our students have access to world class facilities. You will be learning to become a PT in an environment where full time PT’s are earning a living. Education shouldn’t just be a dress rehearsal. At some stage you need to use your skills in the real world. We provide you with that opportunity.

Our nationally accredited courses include:

- **SIS30313** Cert III in Fitness
- **SIS40210** Cert IV in Fitness
- **BSB30315** Cert III in Micro Business Operations
- **HLT40312** Cert IV in Massage Therapy Practice

Our courses are “Delivered” either full time, part time, and via Blended Delivery.

**Full Time**

- **Full time course**- takes 11 weeks Mon-Wed 9am-4pm

**Part Time**

- **Part Time course**- takes 22 weeks Two nights per week 6:30pm-9:30pm and every second Saturday 9:00am-4:00pm

**Blended Delivery**

- **Blended Delivery**- Do all of the theory in your own time and attend 15 days of practical either one day per week for 15 weeks or by attending a 3 week intensive (5 days per week for three weeks).
WHO'S ON YOUR TEAM WHEN

ANTHONY SPARK

Anthony holds the record for having the longest PT client. 18 years and still going. He has made every mistake possible in fitness and in business so he’s well qualified to guide students on their journey to success. Anthony’s philosophy? Get people moving. He says, “The human body is designed for movement. When we move on a regular basis all aspects of our lives improve. We feel better, we’re sharper at work and have more energy for developing relationships.”

GREG MORGAN

Greg is the best looking member of the team, so he’s the one you’ll meet when you come to the office. During his short career playing semiprofessional VFL, Greg was told he must complete Cert III & IV in Fitness. He loved it and hasn’t looked back. Greg is a very keen surfer and believes we should have more ‘Board Meetings’ (that is code for going surfing during the week). He’s in charge of our social media so you can chat with him online anytime.

IAN MARTIN

Ian has dedicated his life to fitness education. He’s spent more than 20 years training clients and athletes, developing courses and systems to produce outstanding graduates. Ian has run his own businesses including PT (naturally) and his own training organisation. Ian also cooks unbelievable organic muffins, collects watches and travels at every opportunity.

LISA GADD

Lisa studied to be a personal trainer with WYN when she was studying osteopathy at uni. She developed her own clients while completing her studies and now shares her knowledge and passion with both Fitness and Massage students. Lisa still practices as an osteopath three days a week, trains a few clients and lectures. She’s living the dream.
YOU STUDY WITH WYN?

**BEN STRINGER**

Ben Stringer is another extraordinary bloke. He was one of WYN’s very first students. During his course he put on 5 kilos of muscle, then another 15 kilos in the following 12 months. He went to work as a PT and started changing clients’ lives for the better. Ben’s commitment to helping people improve their lives led him to go back to university and he is now an osteopath. Ben is also a drama graduate and ‘edutains’ rather than lectures.

**CHRIS HUGHES**

Chris is not American! He’s Canadian, although he is passionate about anything from Detroit. Chris’ life is a balancing act of lecturing with WYN, training his own clients, raising his four kids (with a little help from his wife) and completing his Masters of Exercise Science focusing on Strength and Conditioning. Chris would love to get a gig training professional American baseballers. We hope he stays here. Chris is a very talented golfer, played semi-professional ice hockey and is nicknamed ‘Moose’ ... he can also make an alien face with his abs!

**JON SHARP**

Jon Sharp is a freak. He’s an inspiring lecturer, an outstanding athlete and a ripper bloke. Jon’s passion for health and fitness has led him to lecture with WYN, train elite athletes, write his own material, complete his Masters of Exercise Science specialising in Strength and Conditioning and keep himself very fit. Jon’s gift is his never ending smile and generous nature. He’s also a terrific PT.

**MARTY OJEA**

Marty must have heard about Lisa’s success. He studied with WYN in 2011 whilst in his third year of osteopathy study. He also lectures both fitness and massage students. Marty is an enthusiastic group fitness instructor. He loves being in front of a class in his lyra shorts inspiring his loyal followers to ride up a hill or grapevine across the aerobics room.
WHERE DO OUR GRADUATES WORK WHEN THEY FINISH?

Here are some of our Career Partners...

All WYN graduates will receive a free listing with Healthy People (the recruitment company specifically catering for the fitness industry)
YOUR TOP 10 CONCERNS ANSWERED

1. Am I eligible for government funding?
   You must be an Australian citizen or permanent resident without previous tertiary qualifications. There are other exceptions. Call us if you are unsure.

2. What are my career opportunities and earning potential?
   We invite employers from the fitness industry to speak to you throughout your course. Fitness recruitment specialists HealthyPeople.com.au will provide you with 6 months of free listing. Your income will range from $25 to $100 per hour.

3. Is the personal training market flooded?
   No! Our graduates are constantly being approached by employers. The catch is, employers are looking for 'Great' Personal Trainers. Being 'average' is no longer good enough.

4. How long does your course take to complete?
   You have up to 12 months to complete your course. The face to face component takes 11 weeks full time, 22 weeks part time or 15 days through blended delivery.

5. How will I be assessed? What happens if I fail?
   You will be assessed by take home or online questions and practical assessments. If you are unsuccessful the first time, we will provide you with a second and third assessment. If you are still unsuccessful we will give you up to 12 months to study further before being assessed again.

6. Do I need gym experience to participate in the course?
   No, but it certainly helps. We would encourage all our students to get their own PT so they can reinforce the learning and get themselves into the best physical condition they can.

7. Is there a practical component to the course?
   Our course is approximately half theory and half practical.

8. Am I too old or too young to become a personal trainer?
   You must be 18 years old to obtain registration as a PT. There is no such thing as being too old to be a trainer.

9. Is WYN affiliated with businesses within the fitness industry?
   WYN is affiliated with every health club. We want to help you find the right ‘fit’ for you when you complete our course.

10. What makes WYN stand out from other providers?
    No more than 20 students per class. We have outstanding educators and personalised delivery of the course based on your learning style. WYN Training System-Integrated theory and practical training is provided to enhance your learning experience. Ongoing WYN Membership for support and training is available upon completion of your course.
WYNNERS TAKE CHANCES...

WYNners Take Chances.
Like everyone else they fear falling, but they refuse to let fear control them.

WYNners don't give up.
When life gets tough they hang in until the going gets better.

WYNners are flexible.
They realise there is more than one way and are willing to try others.

WYNners know they are not perfect.
They respect their weaknesses while making the most of their strengths. WYNners fall, but they don't stay down. They stubbornly refuse to let a fall keep them from climbing.

WYNners don't blame fate for their failures, nor luck for their successes.

WYNners accept responsibility for their lives.
Winners are positive thinkers who see good in all things. From the ordinary, they make the extraordinary.

WYNners believe in the path they have chosen, even when it’s hard, even when others can’t see, where they are going.

WYNners are patient.
They know a goal is only as worthy as the effort that’s required to achieve it.

WYNners are people like you.
They make this world a better place.

Adapted from the original piece by Nancye Sims
GRADUATE TESTIMONIALS

“When I commenced my studies with WYN I knew I had made the right decision. I have been able to move from a non rewarding job and into a career that has seen me end up as PT manager at a highly successful mainstream gym. I am currently running a gym of my own which my wife and I started in 2011. Education should be a passion. Starting with WYN will be a great choice for those wishing to start their careers on the right foot.”

-Andrew Carroll
LIVESTRONG PRIMAL FITNESS
P: 03 9331 7793 M: 0411 673 478

“WYN changed my life! With a real passion for exercise and no real clue about what I was doing the teachers at WYN were able to make me career ready. The average life span of a PT is 9 months and I believe if it was not for the on going support from WYN and the initial education provided I may have given up. I have 5 Sub-contracted trainers and we are striving over the next 2 years to become a 7 figure business and it all started from a phone call to WYN Training.”

-Trent Shaw
OWNER SHAW THING FITNESS P/L
Business Mentor and PT service supplier

“WYN Training have the tools, the teachers, the resources to put you on the right path to becoming a successful, educated and passionate Personal Trainer. Honestly, I came from a retail background with no experience in the fitness industry!!! Now I am the manager of a thriving personal training business. The WYN team are WHAT YOU NEED…”

-Danielle Coflard
P: 03 9585 3492 M: 0449 539 286 E: daniellecoffard@coreprinciples.com.au W: coreprinciples.com.au

“I was going through some rough times in the corporate world and I was looking for a career change. As a husband and father of 2 with a mortgage, I still needed to earn an income, while I wrestled with the change in career, so the part time study option at WYN Training suited me to a tee. Fast forward 7 years and I am still here working as a PT. I own my own studio and we have 5 other PT’s and 2 massage therapists. The staff at WYN were amazing. If you are sick and tired of the rat race and are looking for a career change, then I highly recommend WYN Training.”

-Pat Rae
Managing Director
PAT RAE PERSONAL TRAINING
A: Fitness Studio & Massage Clinic, Unit 18–19 Pacific Chambers, 3460 Pacific Highway, Springwood QLD 4127
P: 07 3115 5985 M: 0414 654 372

“I graduated from WYN Training at the end of 2012 and started my journey as a PT with Fit n Fast gym in January 2013. I find what I learnt at WYN invaluable. Due to the excellent experience of the staff at WYN... key skills we were taught such as the value of good communication, that teaching clients safe technique is vital, postural assessments plus writing the business plan helped me set up my business in a simple and clear manner.”

-Teena Chembria
FITNESS TO A TEE
W: fitnessatoatee.com.au

“I have had a career in fitness for over 28 years now and have used many training organisations to enhance and/or keep my qualifications up to date—no one comes close to WYN.”

-Leisl Annett
Vice Chair
CHILDBIRTH AUSTRALIA
P: 03 9817 3118 M: 0412 707 061 W: childbirth.org.au
Good Life Health Club
1/286 Chapel Street
Prahran VIC 3181

1300 WYN WYN (1300 996 996)